

MSD15 ELEMENTARY LUNCH MENU 25-26

A	Monday	Tuesday	Wednesday	Thursday	Friday
Hot	Mini Pizza Pockets (V)	French Toast & Chicken Sausage Links	Beef Hot Dog	Chicken Sandwich	Marquardt Special: Chicken & Vegetable Dumpling
Cold	- Yogurt Lunch (V) - Pizza Kit (V)	- Protein Power Box (V) - Ham & Cheese Sandwich (P)	- Yogurt Lunch (V) - Chef Salad (V)	- Protein Power Box (V) - Turkey & Cheese Sandwich	- Yogurt Lunch (V) - Pizza Kit (V)
Sides	100% Fruit/Veg Juice - Daily Fruit & Vegetable	- Garden Salad - Daily Fruit & Vegetable	- Baked Beans (V) - Daily Fruit & Vegetable	- Potato Variety - Daily Fruit & Vegetable	- Roasted Chickpeas - Daily Fruit & Vegetable
B	Monday	Tuesday	Wednesday	Thursday	Friday
Hot	Cheese Pizza Slice (V)	Chicken Tenders & Waffles	Shredded Turkey Barbacoa Tacos	Cheeseburger	Marquardt Special: Chicken Spud Bowl
Cold	- Yogurt Lunch (V) - Pizza Kit (V)	- Protein Power Box (V) - Ham & Cheese Sandwich (P)	- Yogurt Lunch (V) - Chef Salad (V)	- Protein Power Box (V) - Turkey & Cheese Sandwich	- Yogurt Lunch (V) - Pizza Kit (V)
Sides	100% Fruit/Veg Juice - Daily Fruit & Vegetable	- Garden Salad - Daily Fruit & Vegetable	- Refried Beans - Daily Fruit & Vegetable	- Potato Variety - Daily Fruit & Vegetable	- Roasted Chickpeas - Daily Fruit & Vegetable

Daily Lunch Offerings

Choice of 1 Hot or 2 Cold Entrées

Choice of 1-3 fruits and/or vegetables (Must choose at least 1)
Choice of Milk 1% White Milk or Chocolate Skim Milk (Optional)

All meals are available to students at **no charge**

Key:

(V): Vegetarian
(P): Pork

August						
M	T	W	Th	F	S	S
				1		
4	5	6	7	8		
11	12	13	14	15		
18	19	20	21	22		
25	26	27	28	29		

September						
M	T	W	Th	F	S	S
X	2	3	4	5		
8	9	10	11	12		
15	16	17	18	19		
22	23	24	25	26		
29	30					

October						
M	T	W	Th	F	S	S
	1	2	3			
6	7	8	9	10		
13	14	15	16	17		
20	21	22	23	24		
27	28	29	30	31		

November						
M	T	W	Th	F	S	S
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10	11	12	13	14		
17	18	19	20	21		
24	25	26	27	28		

December						
M	T	W	Th	F	S	S
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8	9	10	11	12		
15	16	17	18	19		
22	23	24	25	26		
29	30	31				

January						
M	T	W	Th	F	S	S
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12	13	14	15	16		
19	20	21	22	23		
26	27	28	29	30		

February						
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16	17	18	19	20		
23	24	25	26	27		
27	28	29	30			

March						
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9	10	11	12	13		
16	17	18	19	20		
23	24	25	26	27		
30	31					

April						
M	T	W	Th	F	S	S
7	8	9	10	11		
14	15	16	17	18		
21	22	23	24	25		
28	29	30				

May						
M	T	W	Th	F	S	S
4	5	6	7	8		
11	12	13	14	15		
18	19	20	21	22		
25	26	27	28	29		



Week A



Week B



No Meal Service



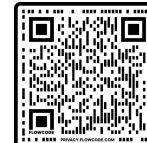
Breakfast Service Only



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marquardt15.healtheliving.net

Menus Subject to Change



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MSD15 ELEMENTARY BREAKFAST MENU 25-26

Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
Entree & Sides	- Egg & Cheese Croissant (V) - Muffin (V)	- Pancake Chicken Sausage Sandwich - Cereal Bar (V)	- Chocolate Croissant (V) - Oatmeal Bar (V)	- Egg Bites with Tater Tots (V) - Cereal Bar (V)	- Egg & Cheese Scrambler - Muffin(V)
	- Fresh Fruit/Craisins 100% Juice Box	- Fresh Fruit/Craisins 100% Juice Box	- Fresh Fruit/Craisins 100% Juice Box	- Fresh Fruit/Craisins 100% Juice Box	- Fresh Fruit/Craisins 100% Juice Box
	1% White Milk - Chocolate Skim Milk	1% White Milk - Chocolate Skim Milk	1% White Milk - Chocolate Skim Milk	1% White Milk - Chocolate Skim Milk	1% White Milk - Chocolate Skim Milk

Daily Breakfast Offerings

1 Entree

Choose 1-2 fruits (Must choose at least 1)
1% White Milk or Chocolate Skim Milk (Optional)

All meals are available to students at *no charge*

Key:
(V): Vegetarian

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